



Take a virtual voyage with your family to explore and learn about four unique countries through these family-friendly activities.





MORE FOR KIDS:

VIRTUALVOYAGE.AKFUSA.ORG/KIDS

# Welcome to the Backseat!



#### VIRTUAL VOYAGE ACTIVITIES FOR KIDS

#### What is this booklet?

This booklet was designed to help families learn about the world and how the Aga Khan Foundation partners with communities to improve their health and education and reach their full potential. Aimed at children aged eight and younger, these activities will help children and their families explore the cultures, geographical features, and health and education challenges in four countries where the Aga Khan Foundation works: the Kyrgyz Republic, Tajikistan, Pakistan, and Kenya.

By completing these activities, your children will build empathy and develop a global mindset as they learn about the challenges faced by women, men, girls, and boys in the highlighted countries. They are a great start to inspire your children to become global citizens and help them understand that we are all part of one world, with a responsibility to take action to care for the planet and to better the lives of those living on the planet.

### There's more learning fun at VirtualVoyage.akfusa.org!

Check out more activities for kids and families at each stop, and get a taste of the journey with the recipes at **VirtualVoyage.akfusa.org/cooking**.

#### **CONTRIBUTING ORGANIZATIONS**

#### **Aga Khan Foundation**

For over 50 years, the Aga Khan Foundation has partnered with communities in some of the most remote, hard-to-reach parts of Asia and Africa to build better futures together. As a member of the Aga Khan Development Network, the Aga Khan Foundation (AKF) makes long-term investments to break the cycle of poverty and improve the quality of life for millions of people across Asia and Africa.

The Aga Khan Foundation works with a large dedicated network of volunteers across America who host public events, offer educational activities and organize fundraising campaigns to help communities around the world build better futures and break the cycle of poverty. These activities raise awareness and funds for innovative programs that provide opportunities for disadvantaged people in Asia and Africa to be self-reliant and improve the quality of their lives.

Since 2020, the Aga Khan Foundation USA has invited supporters and the public to join us on the **Virtual Voyage**—a digital experience with an interactive microsite, videos, and virtual events. The Voyage is an opportunity for our community to share an experience and raise funds together despite the challenges of the global pandemic. This booklet is a new part of that experience for 2021! **Join the Voyage and find more activities for kids and families online at virtualvoyage.akfusa.org.** 

#### **Canadian Geographic Education**

The programs of Canadian Geographic Education aim to strengthen geographic education in the classroom. In addition to increasing the emphasis on geography within the school system, Canadian Geographic Education endeavors to increase public awareness of the importance of geographical literacy. Canadian Geographic Education is the educational committee for The Royal Canadian Geographical Society, one of Canada's largest non-profit education organizations.









### Kyrgyz Republic



#### Where are the words?

Find words that are connected to the Kyrgyz Republic (also known as Kyrgyzstan) below. If there are any words you don't recognize, ask an adult to help you find out what they mean! Some of the words in this word search are place names—try to locate them on a map of the Kyrgyz Republic (tip: use Google Earth to explore the different locations).

Find and circle the following words in the word search. Words can be diagonal, vertical, or horizontal.

w	N	ı	D	J	L	M	ı	N	ı	N	G	P	E
w	A	L	N	U	Т	J	н	W	F	E	L	L	С
Y	0	В	0	N	E	A	Z	Т	M	U	В	н	L
A	Н	R	X	ı	I	Q	0	S	0	P	D	V	I
Q	В	В	С	P	W	Y	G	S	н	L	G	S	M
M	С	L	I	E	E	A	N	Q	н	E	F	I	A
0	X	A	L	R	В	S	U	J	E	н	E	D	Т
U	S	R	A	Y	I	ı	G	0	A	Т	L	P	E
N	Y	Q	R	P	R	A	S	Z	R	W	Т	U	С
Т	L	D	С	P	В	ı	S	н	K	E	K	Z	н
A	X	I	н	X	N	X	N	N	0	M	A	D	A
ı	Н	S	J	U	I	S	S	Y	K	K	U	L	N
N	R	A	G	R	I	С	U	L	Т	U	R	E	G
S	P	A	M	ı	R	M	J	A	Т	Z	Y	X	E

### Word Table:

**MOUNTAINS** 

**BISHKEK** 

**ASIA** 

**ISSYK-KUL** 

**OSH** 

**PAMIR** 

**LARCH** 

**JUNIPER** 

**WALNUT** 

**NOMAD** 

FELT

**SHEEP** 

**GOAT** 

**CLIMATE CHANGE** 

**MINING** 

**AGRICULTURE** 









## Kyrgyz Republic



#### Your turn!

Create your own word search using items or places you see in your community. Similar to the word search you did about the Kyrgyz Republic, try to choose things that represent your community. Get outside with an adult and try to find examples of the following:

- An animal
- A type of job (like a farmer)
- A hill or mountain (like the Pamir Mountains)
- A fores

- A lake (like Issyk-Kul) or other body of water
- A tree (like a larch)
- A way to get around (like a bus)
- An important community place or school

Use this page to design your own word search.

							Find the following words in the word search:
							ll
							ll









### Tajikstan —

#### What's in Tajikistan?

Help Seeno share the culture of his country, Tajikistan, with others. Draw three of the following things you would find in Tajikistan. You might need to research what they look like!

- Tajikistan's flag: Look to the right to see what it looks like.
- Pamir Mountains: These mountains are known as "the roof of the world."
- University: The University of Central Asia is a world-class university with campuses in several small, mountain communities — including in Khorog, Tajikistan.
- Rubab: This is a musical instrument played in Tajikistan and other countries. It's a lute (guitar-like instrument) made of wood and strings.
- Yurt: This is a dwelling many nomadic people in Tajikistan and other countries live in. It is shaped in a circle and has a wood structure covered by felt or fabric. Yurts are portable, allowing families to take their homes with them (by taking the yurt apart and then building it again in a new place) and move with their grazing livestock.









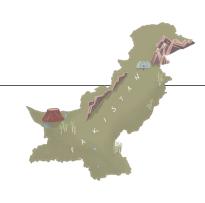




### Pakistan —

#### Find your way

A midwife is someone who helps women give birth and care for newborn babies. They are important figures in health care around the world. Help this midwife get to communities in remote villages in the mountains of Pakistan. Begin at the "start" and, using a pencil, trace a path to reach the pregnant woman. What obstacles block your way?



#### **LEGEND**



No access to the necessary medical supplies.



In some families, a young woman must have her family's permission to study to become a midwife.

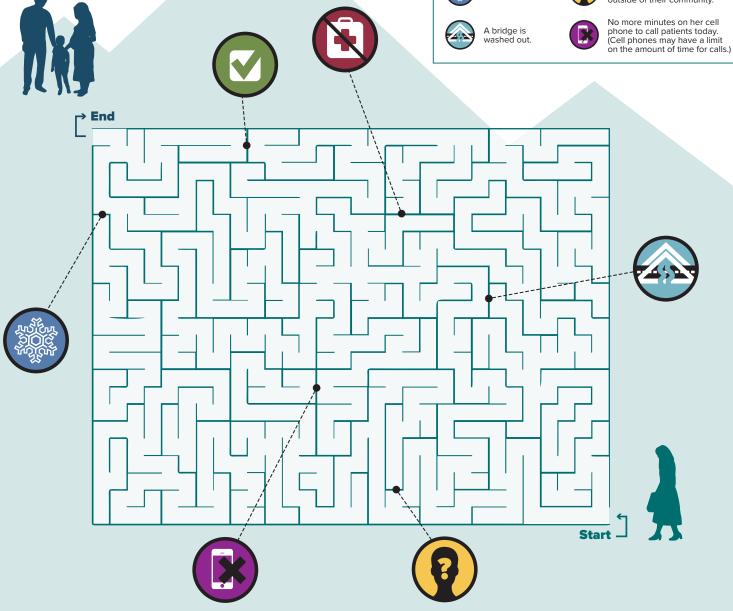


Heavy snowfall is blocking the path.



People in the community don't trust someone outside of their community.

phone to call patients today. (Cell phones may have a limit





VIRTUAL-GOING THE DISTANCE





### Kenya

#### Color the flag

Using the image of the flag to the right, color the Kenyan flag and learn about why each color was chosen.

- **Top: Black.** This color symbolizes the people of Kenya.
- Middle: Red. This color symbolizes the Kenyan fight for independence from the British.
- **Bottom: Green.** This color symbolizes the land of Kenya.
- White stripes between the black, red and green: This color represents peace.
- **The shield:** This is a Maasai warrior shield with spears behind it. The Maasai are a semi-nomadic people in Kenya and Tanzania who herd cattle. Semi-nomadic means sometimes they stay in one place, and sometimes they move around.

